Adult Testing Form
HIGH RED to DEPUTY 1 belt

Yong In USA Location: _____ ☐ Taekwondo ☐ Hapkido

Name: _____ Birthdate: _____ Belt Size: _____

I recognize that belts and certificates are awarded only when specific standards of performance are met. In the event that I do not perform to the satisfaction of the testing official(s), promotion may be delayed until further progress has been demonstrated. If I do not achieve the desired degree, I may retest for that degree on the next promotion test date. I recognize that promotion standards are uniform and that each belt degree reflects a specific level of competence.

Student Signature: _____ Date: _____

For Office Use Only

Techniques

Forms
☐ 1 ☐ 2 ☐ 3
1=Excellent 2=Good 3=Needs Work

Kicking Combination
1: ☐ 1 ☐ 2 ☐ 3
2: ☐ 1 ☐ 2 ☐ 3

Hapkido White-Purple
☐ 1 ☐ 2 ☐ 3
1=Excellent 2=Good 3=Needs Work

One Step Sparring (Self-Defense)
1: ☐ 1 ☐ 2 ☐ 3
2: ☐ 1 ☐ 2 ☐ 3
3: ☐ 1 ☐ 2 ☐ 3
1=Excellent 2=Good 3=Needs Work

Board Breaking
☐ 1 ☐ 2 ☐ 3
1=Excellent 2=Good 3=Needs Work

Physical Aspects
Basic: ☐ 1 ☐ 2 ☐ 3
Flexibility: ☐ 1 ☐ 2 ☐ 3
Free Sparring: ☐ 1 ☐ 2 ☐ 3
Yell: ☐ 1 ☐ 2 ☐ 3
1=Excellent 2=Good 3=Needs Work

Attitude Aspects

Respect: ☐ 1 ☐ 2 ☐ 3
Attitude: ☐ 1 ☐ 2 ☐ 3
Discipline: ☐ 1 ☐ 2 ☐ 3
Cooperation: ☐ 1 ☐ 2 ☐ 3
Confidence: ☐ 1 ☐ 2 ☐ 3
Control: ☐ 1 ☐ 2 ☐ 3
1=Excellent 2=Good 3=Needs Work

Mental Requirements

Terminology

Sparring Equipment:

Head Gear:	"MOE-LEE-PO-HO-DAE"
Chest Gear:	"KA-SEM-PO-HO-DAE"
Groin Cup:	"NANG-SHIM-PO-DO-DAE"
Mouth Piece:	"EEHP-PO-HO-DAE"
Forearm Guard:	"PAL-PO-HO-DAE"
Shin Guard:	"DA-LEE-PO-HO-DAE"

Official Signature: _____ ☐ Pass ☐ Please Try Again

Exam Request Form

Student Name: _____ Today's Date: _____

Start Date: _____ Exam Date: _____

Your goal is to take the Black Belt exam on: ☐ Spring ☐ Fall Year:_____

Please list 3 areas in which you have improved since starting our program:

1 _____

2 _____

3 _____

Please list 3 areas in which you wish to make improvements:

1 _____

2 _____

3 _____

Please list 3 actions you will take to achieve these improvements:

1 _____

2 _____

3 _____

The following is a list of special services that we offer.
Please check ones of interest so we can send you more information about them:

☐ Private Lesson	☐ Black Belt Club	☐ Self Defense Seminars for Women
☐ Weapon Class	☐ Sparring Class	☐ Birthday Parties
☐ Demo Team		☐ Schedule a Demo Team event
☐ Please send me free gift certificates to share with friends and family		

Thank you for taking the time to complete this form.
Please be sure to sign and return this form one week prior to your exam.

Exam Fee: $100 ☐ Check # ☐ Cash ☐ Credit Card

Please make check payable to: Yong-In Aurora Martial Arts

Student Signature: _____